



SAFETY ADVICE DESIGNED TO KEEP YOUR STAFF SAFE AND YOUR BUSINESS COMPLIANT



First Aid at Work

This talk will cover before First Aid, when First Aid is required and basic First Aid.

Main Points

- Ensure you know where the first-aid kit is kept.
- Know who the first aiders are.
- You must have a small travelling first-aid kit if you are working in a small group away from the main site or if you use potentially dangerous tools or machinery.
- Know where the phone is and understand the procedure for calling the emergency services.

Discussion Points

- Remove the hazard from the casualty if safe to do so.
- Call for help, e.g. first aider.
- Send someone to phone for an ambulance if necessary.
- Don't move the casualty, unless in immediate danger.
- Remain with the casualty and give reassurance.
- Make the casualty as comfortable as possible.
- Don't give drinks or food to the casualty, if required you may moisten their lips.
- Don't allow the casualty to smoke.

Basic First Aid Knowledge

- Do you know how to resuscitate and start the heart?
- Do you know how to stop major bleeding?
- Do you know how to treat scolds, burns and shock?

Other Considerations

- First-aid cover must include shift work.
- Someone must have responsibility for restocking first-aid boxes.
- The first-aid equipment provided must be appropriate for the nature of the work and the number of
- operatives.
- First-aiders should be easy to identify – usually a sticker on the safety helmet.

Talk to Atlas about Safety Management for your business

 **01823 299580**  **info@atlas-sm.co.uk**  **www.atlas-sm.co.uk**

Atlas Safety Management Ltd.

Registered Office: Unit Z1 Westpark, Chelston, Wellington, Taunton, TA21 9AD. Company No: 9470014.

